Epiplating Systems for Retaining Facial Prostheses: A Case Report

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Abstract
Rehabilitation of patients using extraoral prosthesis with bone fixtures is gaining popularity. Its advantages over conventional adhesive retained prostheses make it a better option for the patient. Various factors need to be taken into account for ensuring the success of implants and therefore treatment planning is of utmost importance.
This case report demonstrates the procedure for rehabilitating a patient with epiplating system fixtures using magnets as attachments for the silicone prosthesis.

Keywords: Epiplating, Auricular Prosthesis, Maxillofacial Prosthesis

Introduction
Maxillofacial prosthetics deals with a wide range of rehabilitations ranging from simple adhesive retained body parts to those involving extensive reconstructive surgeries and implants. Loss of these body parts can be congenital or due to trauma, or as an outcome of surgery for carcinomas.¹

Adhesive retained prostheses have disadvantages like inadequate retention and stability, wear of prosthesis due to constant removing and placing the prosthesis, skin reactions to the adhesive and general lack of acceptance amongst patients.²³⁴ The use of implants to retain facial prostheses is on the increase.

There are various factors influencing the position of an implant for an auricular prosthesis:

a) Thickness of underlying bone: The thickness of underlying bone of the skull (mastoid region) should be measured and must be at least 3-4mm to provide a stable implant.⁵⁶⁷

b) Position of anti helix of prosthesis: The anti helix is the bulkiest or thicker part of the ear prosthesis and the implants should be placed below it and approximately 20mm from the external ear canal.⁶⁷ For the right ear, they should be placed at 8 and 11 o’clock positions and for the left at 1 and 4 o’clock¹. (Fig 1)

c) Position of the contra lateral ear: The protrusion, inclination, anterior- posterior position, superior -inferior position, shape and size of the contra lateral ear must be taken

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into consideration\textsuperscript{6-11}(Fig 2). In a symmetric face, positions of the nasion, gnathion and sub-nasale can be considered to locate the superior and inferior border of the prosthetic ear.\textsuperscript{6} The Frankfort's plane and upper and lower insertion points can also be used as a guideline.\textsuperscript{6}

d) Presence of ear remnants and soft tissue cartilage: (Fig 3) These may be congenital as in case of microtia or present due to previous surgeries.\textsuperscript{6-10,12,13} Some patients refuse to remove them and they need to be considered while making a prosthesis.

e) Position of BAHA implant/hearing aids: Boneanchoring hearing aids are placed with the support of implants in the mastoid region. An adequate distance has to be maintained between the BAHA and prosthesis for it to function effective\textsuperscript{6}(Fig 4). These can be camouflaged by positioning the prosthesis correctly and hearing aids can also be incorporated in the prostheses.\textsuperscript{6,7}

CT scan data can be used and manipulated to form 3D models and using interactive software, implant positioning can be planned\textsuperscript{6,11}. Softwares such as Mimics (Materialise, Belgium) can be used to mirror the contra lateral ear positioning onto the defect side in a virtual environment. This can be used for further procedures like Rapid Prototyping to form 3D models and templates used for surgical procedures.

For auricular cases, implants with bar and magnetic attachments are a good option providing adequate retention and patient compliance. Bone attachments can be of 2 types primarily- Root form implants and epiplates.

The epiplate system involves the placement of a titanium framework subperiostally on the surface of the bone and is held in place with the help of bone fixation screws. Titanium being biocompatible is well accepted for these restorations. This case report provides an overview of treating an auricular case with an epiplate, magnetic attachments and its final
restoration in silicone elastomer.

Case report:

A 28 year old male patient with a history of chemical injury presented to the hospital for replacement of his missing left external ear (Fig 5). Different options for replacement of the ear including reconstructive surgery, adhesive retained prosthesis, and implant retained prosthesis were discussed by the maxillofacial prosthetic rehabilitation team. A fixed prosthesis was chosen by the patient. Using the epiplating system for bone support, a magnet retained prosthesis was planned.

1. Impressions
Impression of the defect site was made using irreversible hydrocolloid (Vignette, Dentsply, U.S.A). Care was taken to keep the tissue as relaxed as possible to improve accuracy of impression. Anatomical landmarks were marked out on the patient and transferred onto the cast through the impression.(Fig 6)
A cast of the same was obtained in dental stone (Kalabhai Karson Pvt. Ltd., India).

2. Surgical Stent
The position of the implants were planned as per the prosthetic planning and marked out on the cast. A surgical stent was fabricated (Fig 7) by duplicating the wax trial ear, using clear self cure acrylic resin (Acryln ‘R’, Asian Acrylates, India).

3. Surgical Phase
The stent was used to mark the implant sites onto the skin. These were transferred onto the underlying bone with the help of surgical ink. A full thickness flap was raised (Fig 8). The implant sites were marked again.

The epiplate was bent to conform to the contours of the bone and adapted well before finally being fixed on. The epiplate was screwed on with the help of fixation screws (Fig 9). Magnetic abutments (Medicon instruments, Germany) were placed on it (Fig 10). The flap was closed and sutured, the skin was released above the magna-abutments to allow them to protrude above the surface of the skin.
4. Prosthetic Phase

After 3 months, pick up magnets were placed on the magnets present on the epiplate. These were splinted together using heavy body silicone elastomer (Aquasil, Dentsply de tray, U.S.A) to avoid mobility during impression making. The final impression was made using light body silicone (3M ESPE Express, U.S.A) surrounding the magnets and was picked up using alginate. A cast was obtained onto which the magnets (Technovent, Ltd, Wales, U.K) were attached.

The wax up was tried onto the patient and adjustments were made. The contralateral ear was used as a reference for the general contouring of the ear.

An acrylic substructure (Acryln `R`, Asian Acrylates, India) incorporating the magnets was made. A wax up of the ear was made in modeling wax incorporating this substructure.

The wax ear was flanked as per conventional protocol using a three part mold. Silicone (Z 004, Technovent, U.K) in a 1:1 ratio was manipulated. Intrinsic pigments (Cosmesil, Technovent Pvt. Ltd., U.K) were added to it to match the shade of different areas of the prosthesis. Flocking Cosmesil, Technovent Pvt. Ltd, U.K) was added to give the prosthesis a life like appearance. The mold was (packed and cured for 1 hour at 80 degrees Celsius. Finishing with extrinsic staining (Cosmesil, Technovent Pvt. Ltd., U.K) giving the prosthesis its final touches was artistically carried out and a sealant was applied (Single component silicone, Technovent Pvt. Ltd., U.K).

5) Final Prosthesis :

Discussion

Epliplating systems have numerous advantages over the use of root form implants.
for facial prosthetics. One of the most important advantages is force distribution over a wider surface area. Multiple screws also share the load distribution. Failure of one screw may not lead to failure of the prosthesis in whole. This system is well accepted in cases especially where the bone quality is compromised and any added form of retention will aid in a better prognosis for the prosthesis.

References